



第35周 靈修默想

每日靈思：請信徒齊來歡然取水，
請先翻開聖經，恭讀相關詩篇，禱告，默想經文，然後再回答問題。

8月30日（星期一）經文：詩篇55：1-11

- 第3節，大衛遭遇什麼痛苦？第6節，他有什麼渴望？在我痛苦時，我是習慣和人埋怨還是向神禱告？
- 第9節，在欺壓痛苦中，他有什麼祈求？為什麼這樣求？在痛苦中，我如何求神伸張公義嗎？

8月31日（星期二）經文：詩篇55：12-23

- 第12-14節，大衛不能接受什麼事？第15節，他祈求什麼？在不能接受的痛苦中，是什麼使我依然相信神是公義的，並求神施行公義審判？
- 第16-18節，詩人自己要怎樣行？為什麼？第22節，在惡人環繞中，詩人有什麼勸告？第23節有什麼信心的宣告？我一有重擔，就卸給神還是對神怨聲載道？

9月1日（星期三）經文：詩篇56：1-13

- 第1-2節，大衛遭遇什麼危險困難？第3-4節，他此時的心境如何？他作了什麼？結果如何？在我懼怕的時候，我會禱告依靠神嗎？其中會有什麼障礙？
- 第5-6節，詩人怎樣描述仇敵的攻擊？第7節，他們將有什麼結果？第8-9節有什麼安慰和確信？遭攻擊時，我到神面前得安慰還是到人的面前求情？

9月2日（星期四）經文：詩篇57：1-11

- 第1節，大衛祈求什麼？他為何這樣求？第2節，他怎樣描述神？第3-4節，仇敵有那些邪惡？神必要怎樣行？面對邪惡的力量時，我相信神是至高者，必施行拯救嗎？
- 第6節，仇敵的惡行有什麼結果？第7-10節怎樣回應神？我相信惡人必受罰嗎？

9月3日（星期五）經文：詩篇58：1-11

- 第1節，大衛提出什麼質疑？第2-4節，他得著什麼答案？第5節，他怎樣處理惡人的邪術？第6節，他向神求什麼？對不公不義的言論，我如何求神施行公義？
- 第10節，惡人受罰，義人怎樣回應？眾人說什麼？我有什麼經歷證明神必公義審判？

9月4日（星期六）經文：經文：詩篇59：1-10

- 第1-3節，大衛祈求什麼？仇敵是怎樣的人？他們如何害詩人？第3-4節，仇敵為何害他？大衛再祈求神作什麼？當我受到敵人攻擊時，到神面前，認識他人和自己嗎？
- 第5節，詩人怎樣稱呼神？他求神作什麼？詩人怎樣描述惡人的惡行？第8節，但神必定作什麼？



Week 35 THE NATURAL PERSON

Ephesians 2:1, 2

And you were dead in your trespasses and sins, in which you formerly walked according to the course of this world, according to the prince of the power of the air, of the spirit that is now working in the sons of disobedience

In 1 Corinthians 2:14:3, Paul distinguishes between three types of people in relation to life in the Spirit: natural persons, spiritual persons and fleshly persons. In the next few days we will examine the critical differences pertaining to spiritual life which exist between these three kinds of individuals.

Ephesians 2:1-3 contains a concise description of the natural person Paul identified in 1 Corinthians 2:14. This person is spiritually dead, separated from God. Living independently from God, the natural person sins as a matter of course.

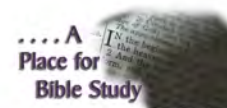
The natural person has a soul in that he can think, feel and choose. But his mind--and subsequently his emotions and his will--is directed by his flesh which acts completely apart from the God who created him. The natural person may think he is free to choose his behavior. But since he lives in the flesh, he invariably walks according to the flesh and his choices reflect the "deeds of the flesh" listed in Galatians 5:19-21. The natural person's actions, reactions, habits, memories and responses are all governed by the natural world. The natural person will struggle with feelings of inferiority, insecurity, inadequacy, guilt, worry and doubt.

The natural person lives independently of God and His purposes and does not respond to life in harmony with God's plan for him. Living in a stressful age with no spiritual base for coping with life or making positive choices, the natural person is even more subject to physical ailments, such as tension or migraine headaches, nervous stomach, hives, skin rashes, allergies, asthma, some arthritis, spastic colon, heart palpitations, respiratory ailments, etc. Doctors agree that many physical problems are psychosomatic. Possessing peace of mind and the calm assurance of God's presence in our lives positively affects our physical health, since the Spirit gives life to the body (Romans 8:11).



Prayer: Lord, thank You for redeeming me from my former life governed by sin and Satan and giving me peace of mind and calm assurance.

Visit Neil Anderson's Daily In Christ at:
<http://www.crosswalk.com/devotionals/dailyinchrist/>



Father's Day Prayer

Lord, please bless our fathers,
these men who mean so much to us,
who are greatly responsible
for who we are and who we are becoming.
Bless them for having the courage
to do what's necessary
to keep us out of trouble,
for making us do the right thing,
for helping us build our character,
even when it makes us angry;
and bless them
for pushing us to do our best,
even when they just want to love us.

Bless our fathers for being our protectors,
for leading us
through stormy times to safety,
for making us believe that everything
will be all right and for making it so.

Bless our fathers for quietly making a living
to provide for those they love most,
for giving us food, clothing, shelter
and other necessary and
not so necessary material things,
for unselfishly investing time and money
in us that
they could have spent on themselves.

Bless our fathers, Lord,
for saving some energy for fun,
for leading us on adventures
to explore the outer reaches of ourselves,
for making us laugh,
for being our playmates and our friends.

Bless them for being our secure
foundation, our rock,
for holding on tight to us...
until it's time to let us go.
Lord, bless these men we look up to,
our role models, our heroes,
our fathers.

In Jesus' name we pray, Amen.

By Joanna Fuchs