



第32周 靈修默想

每日靈思：請信徒齊來歡然取水，

請先翻開聖經，恭讀相關詩篇，禱告，默想經文，然後再回答問題。

8月9日（星期一）經文：詩篇40：11-17

1. 在第11節中，大衛在求什麼？為什麼他這樣求（第12節）？不管環境如何，我都活在神的慈愛裡嗎？（參猶一21）
2. 第14-15節，大衛願仇敵如何？第16節，詩人願尋求神、喜愛神救恩的人如何？我在困苦中，如何尋求神嗎？在面對困境中，我什麼時候會不尊神為大？

8月10日（星期二）經文：詩篇41：1-3

1. 第1節，什麼樣的人是有福的？第1-2節中有什麼應許？我如何在日常生活中關懷及幫助窮人？
2. 大衛在祈求什麼（第2節）？神怎樣扶持他（第3節）？當神透過信徒扶持我時，我的感覺如何？

8月11日（星期三）經文：詩篇41：4-13

1. 第4節，大衛為什麼生病？他在求什麼？第5節，仇敵怎樣攻擊大衛？詩人的知心朋友呢？第10-11節，他怎樣祈求？我如何求神賜我智慧來處理敵人的攻擊、朋友的翻臉？
2. 第12節，耶和華為什麼扶持大衛？結果如何？在面對各種不平時，我如何堅持純正呢？

8月12日（星期四）經文：詩篇42：1-5

第42、43篇應是同一篇，分為三個段落。每個段落中，都有痛苦掙扎和敬虔的渴望。請留意每段落之間，信心的逐步重建。

1. 作者有什麼掙扎痛苦（第3節）？此時他怎樣禱告（第1-2節）？在面臨掙扎與痛苦時，很多時候無法禱告。在過去的經歷中，我是如何勉強自己禱告，使自己能走出困境的？
2. 痛苦中，作者想什麼（第4節）？詩人的心情如何？他怎樣勸告自己（第5節）？痛苦掙扎中，往往會使人思想美好的往事，包括神的幫助及信實。這樣的思想如何幫助你繼續要信靠神？

8月13日（星期五）經文：詩篇43：1-5

1. 第1-2節，作者有什麼痛苦掙扎？他向神求什麼？為什麼他這樣求？當我被欺壓時，我是到人的面前訴苦，抑或來到神面前，求祂為我伸冤？
2. 在面對欺壓時，作者祈求什麼（第3-4節）？第5節，他的內心有什麼矛盾掙扎？他怎樣勉勵自己？在我的生命中，什麼時候經歷過真理的勉勵，相信自己有美好的未來？

8月14日（星期六）經文：經文：詩篇44：1-8

1. 第1-2節，作者在被擄受苦時，記念什麼事？第3節，從前列祖怎樣得勝？當我受苦，想念到神大能的作為時，我心里的感覺如何？
2. 因著記念神大能的作為，第4節，詩人怎樣稱呼神？他祈求什麼？第5-8節中有什麼信心？過去一年中，在我記念神的作為時，我的信心如何加增？

Week 32

HIS ACCEPTED, ADOPTED CHILD

1 John 3:2

Beloved, now we are children of God

Having a right relationship with God begins with settling once and for all the issue that God is your loving Father and you are His accepted, adopted child. That's the foundational truth of your spiritual heritage. You are a child of God, you are created in His image, you have been declared righteous by Him because you trust that what Christ accomplished in His death and resurrection is applicable to you. As long as you believe that and walk accordingly, your daily experience of practical Christianity will result in growth. But when you forget who you are, and try to produce in your daily experience the acceptance God has already extended to you, you'll struggle. **We don't serve God to gain His acceptance; we are accepted so we serve God. We don't follow Him in order to be loved; we are loved so we follow Him.**

That's why you are called to live by faith (Romans 1:16, 17). The essence of the victorious Christian life is believing what is already true about you. Do you have a choice? Of course! Satan will try to convince you that you are an unworthy, unacceptable, sin-sick person who will never amount to anything in God's eyes. Is that who you are? No, you are not! You are a saint whom God has declared righteous. Believing Satan's lie will lock you into a defeated, fruitless life. But believing God's truth about your identity will set you free.

Your perception of your identity makes such a big difference in your success at dealing with the challenges and conflicts of your life. It is imperative to your growth and maturity that you believe God's truth about who you are.

The Bible says, "See how great a love the Father has bestowed upon us, that we should be called children of God; and such we are" (1 John 3:1). Tragically, many believers are desperately trying to become something they already are, while others are living like something they aren't. It's true: "Beloved, now we are children of God" (1 John 3:2).



Prayer: Lord God, I affirm anew that I am Your blood-bought child. The evil one cannot touch me as long as I live according to my position in Christ.

Visit Neil Anderson's Daily In Christ at:
<http://www.crosswalk.com/devotionals/dailyinchrist/>



Not By Race, But By God's Grace

We've been joined as family together
Through God's unmerited grace
A union beyond nationality
Beyond culture, creed and race

United together through Jesus Christ
No matter where we come from
For the grace of God has no limit
Nor boundaries we can't go beyond

But it extends right across the world
To every corner of the globe
The light of God must reach out toward
The ones that do not know

That they will believe in Jesus Christ
And be filled with God's own light
For Jesus accepts all that would come
No one will He ever deny

For we were once in darkness too
Dying and lost in our sin
But in God's love He saved our souls
And placed His love within

We've come from different walks of life
And so many different lands
But it shouldn't matter in the family of God
And we must come to understand

That when our Lord looks upon us
He does not see our race
But looks straight into our open hearts
Where He's filled us with His grace

For this is what truly binds us
Together in His love
Brothers and sisters in the Lord
Washed clean by Jesus blood

For when we come together in love
We are truly unified
It shouldn't matter where we've come
from
For Jesus will be glorified!

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