



第31周 靈修默想

每日靈思：請信徒齊來歡然取水，

請先翻開聖經，恭讀相關詩篇，禱告，默想經文，然後再回答問題。

8月2日（星期一）經文：詩篇38：1-10

1. 在第1節中，大衛在求什麼？在第2-3節，他為什麼這樣求？（參詩九十一）我在什麼情況下會惹神發怒？
2. 第4節，罪怎樣傷害大衛？第5-8節，罪造成了什麼災病痛楚？第9-10節告訴我們罪如何煎熬他的內心？我有類似經歷嗎？面對罪惡時，我會感到憎恨嗎？

8月3日（星期二）經文：詩篇38：11-22

1. 在第11節中，大衛的朋友與親戚本家如何對待他？第12節，惡人又如何攻擊他？第13-15節，大衛怎樣回應？在受苦時，我如何禱告仰望神？
2. 第17節，大衛有什麼危機？第18節，他怎樣處理罪惡痛苦？第19-20節中的環境如何？在第21-22節中，他祈求什麼？他相信什麼？過去在得罪神後，在我認罪之後，神如何幫助我擺脫罪的控告與捆綁？

8月4日（星期三）經文：詩篇39：1-6

1. 第1節，大衛立下了什麼志願？在第2-3節有什麼結果？面對什麼景況之下，我會忍不住地咒罵惡人？（參詩34：13）
2. 第4節失敗後，詩人祈求什麼？第5節，他對人生有什麼領悟？第6節，他對世人有什麼認識？在面對失敗後，我在哪些方面，更加認識自己和世人？

8月5日（星期四）經文：詩篇39：7-13

1. 大衛禁止舌頭失敗後，第7節告訴我們他有什麼領悟？第8節中，他求什麼？第9節中，他有什麼改變？在我個人的禱告中，有什麼特別的事件是直到自己被改變的？這如何影響你日後的禱告生活？
2. 第10節，大衛在求什麼？第11節，神怎樣處理罪惡？第12-13節，他再求什麼？神必刑罰惡人嗎？為什麼我們會為惡人的惡行憤怒不平？

8月6日（星期五）經文：詩篇40：1-4

1. 第2節怎樣形容大衛的苦難？第1-2節，他曾怎樣面對？結果如何？在脫離苦難後，他作什麼（第3節）？在陷入苦難時，是什麼使我不斷地呼求神？在祈求時，是什麼使我能夠耐心等待神？
2. 在第4節中，什麼樣的人是有福的？在什麼狀況下，我會依靠自己，不愿仰賴神？面對絕狂傲和虛謊之人的干擾時，我的態度如何？

8月7日（星期六）經文：經文：詩篇40：5-10

1. 第5節，詩人對神有什麼發現？第6節，他對真理有什麼認識？第7-8節，詩人怎樣回應神？神在我身上有什麼期望呢？我能夠樂意照神的旨意行嗎？
2. 第9-10節，大衛在大會中要作什麼？在我的生活中，我能夠如何傳揚神的作為？

Week 31

THREE LEVELS OF PRAYER

1 Thessalonians 5:16-18

Rejoice always; pray without ceasing; in everything give thanks; for this is God's will for you in Christ Jesus.

I have observed three approaches to prayer which progress from level to level. The first level is petition. We are encouraged to let our requests be made known to God (Philippians 4:6). If it helps us to keep a list of daily prayer reminders, we should do so. However, most people weary of this, and their devotional life disappears over time. Often they don't see immediate results from their prayers, so they conclude that more can be accomplished if they just get busy for the Lord.

We've progressed to the second level when prayer becomes personal. We have discovered a new dimension when we are comfortable in His presence and don't feel obligated to talk. It's much like a marriage relationship. A mature couple can ride together in the car for hours, enjoying each other's company, without having to say a word. I can just be with God and I'm learning to listen.

Realizing that I need not feel obligated to keep the conversation going when I'm with God has changed my prayer life dramatically. This kind of prayer makes my relationship with God a 24-hour-a-day experience. Setting aside special times for prayer is still important. But when we leave our quiet time, the sense of God's presence should remain with us throughout the day.

I call the third dimension of prayer true intercession. True intercessors hear from God. They know how to pray and what to pray for. In my observation, there are very few true intercessory prayer warriors. The ones I know of are usually older than 50 and most are women. They pray privately in their homes and often at night. Every church has at least one or two of them. Share your family needs with them. When these people pray, things happen because they don't just talk to God, they listen to Him.



Prayer: Father, I want to grow in all dimensions of prayer to the point that I sense Your presence and hear Your voice.

Visit Neil Anderson's Daily In Christ at:
<http://www.crosswalk.com/devotionals/dailyinchrist/>



Stay Connected

Sometimes we can feel
so very distant
Disconnected from the source
That gives us power
to live this life
And keeps us
on the right course

And even when
we come to worship
We don't always feel He's near
Sometimes it's hard
to really believe
That His presence is even there

Maybe it's sin
that keeps us away
Then maybe it's something else
We don't always know
the reasons why
We well up with so much doubt

We end up feeling --
"what is the point
And why do we carry on?"
The love, the joy and
peace we had
Has withered away and gone

Maybe these times we go
through in life
God has allowed,
to prune us back
So more growth
can come into our lives
Bringing faith
where we had lacked

It's so important to
stay connected
No matter what we go through
For if we give up and
not finish the race
We may lose eternity too!

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