



第26周 靈修默想

每日靈思：請信徒齊來歡然取水，
請先翻開聖經，恭讀相關詩篇，禱告，默想經文，然後再回答問題。

6月28日（星期一）經文：詩篇20：1-9

1. 面對強敵，第1節為什麼日子祈禱？第2節祈求耶和華作什麼？第3節悅納什麼？第4節成就什麼？第5節怎樣得勝？
2. 第7節，（敵）人依靠什麼？我們呢？第8節的結果如何？在面對強敵時，我如何依靠神？

6月29日（星期二）經文：詩篇21：1-13

1. 第1節，王為什麼歡喜快樂？為什麼讚美神？在禱告蒙神垂聽後，我通常是以什麼方式來感恩讚美神？
2. 第7節勝利後，王依靠誰？為什麼？第8-10節要怎樣對待仇敵？第11節，為什麼如此做？我如何除去一切罪惡和惡念？

6月30日（星期三）經文：詩篇22：1-10

1. 第1節，大衛在痛苦哀求中，有什麼疑問？第2節，他已經怎樣禱告？第3-5節，在疑惑不解中，他記念什麼？我在痛苦疑惑中，仍記念神過去的作為嗎？
2. 第6節，大衛怎樣形容自己？第8節受什麼樣的羞辱？第9-10節，在掙扎中，他肯定什麼？在羞辱掙扎中，我求神使我仍認定祂嗎？

7月01日（星期四）經文：詩篇22：11-21

1. 第12-18節，大衛向神述說他有什麼痛苦？他有怨天尤人嗎？我向神訴苦嗎？
2. 第11, 19, 20節中，大衛反覆求什麼？第21節有什麼改變？我如何能夠堅持禱告，一直到發生改變？

7月02日（星期五）經文：詩篇22：22-31

1. 第22節，大衛許願作什麼？第23節有什麼呼籲？為什麼？我是否在脫離苦難後，讚美神還是忘記他一切的恩惠？
2. 第25節，讚美的話從何而來？讚美神的人的心將如何？試舉例讚美的話。

7月03日（星期六）經文：經文：詩篇23：1-6

1. 第1節，誰是大衛人生的牧者？第2-4節，牧者怎樣對待他？在生活中，有哪些情況，我實在經歷到神是我牧者？
2. 第5節，大衛怎樣靠神勝敵？第6節，他有什麼人生的信念和心願？我如何培育自己也有如此的信念？

Week 26

LEAD US NOT INTO TEMPTATION

Bible Reading: James 1:1-14

What is temptation?

It is an invitation or suggestion to sin.

It touches all of us, younger and older. It can come subtly or openly. It can come suddenly or gradually. It can come persistently. It will be here with us until the Lord takes us home.

But what does this phrase mean?

“Lead us not into temptation”?

Surely God does not lead us into temptation. Dr. A. T. Robertson, a noted Greek scholar, translated the phrase this way: “Do not allow us to be led into temptation”. Saint Augustine translated it the same way. We could say, “Keep us from situations where temptation will be too strong for us. Defend us from the attacks of Satan, the attractions of the world and from our own wrong desires.” When we fail to pray this simple child-like prayer from our heart, we are exposing ourselves to unnecessary upset and failure.

Is Satan behind every temptation? The answer could be “Yes and No”. Satan certainly brings temptation but it also has two very strong allies. One is the world around us - the world of men away from God, the world of greed and materialism. It is filled with lies, deceit and dishonesty. It can however be tremendously attractive.

Then there is our old nature which is within us. It wants to please itself. It is attracted by the world. It shows up in jealousy, in a critical spirit, in bad temper and hatred. A spark of temptation can set all these things aflame.

The solution?

A cry to our Heavenly Father: “Deliver us from evil”.

He can do it. He wants to do it. He waits to do it. He is only a prayer away. Turn to 1 Corinthians 10:13 and read it over and over until its truth grips your heart. Then when you are tempted, call on your Heavenly Father:

Deliver me, Lord. Save me. Rescue me now.

Strengthen me. Keep me. May I have victory now!

I am your child. Thank you Father.

Ask the Saviour to help you...He is willing to aid you.

HE WILL CARRY YOU THROUGH.



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Just Like Me

Dear Lord, forgive our yielding to temptation;
Forgive our pride,
our love of worldly things.
Have mercy on our love of sensual pleasure,
Compassion on the sins that self love brings.

It must be hard to understand us sometimes;
So very different is your heart and mind.
But wait, I just remembered that you do know
What it's like to be a part of humankind.

You suffered just like we do,
and you were tempted.
You lived with us so you could comprehend
The things that we go through each trying day,
So you could give us mercy,
and be our friend.

Thank you for compassion and forgiveness;
Thank you for your love and empathy.
Thank you, Lord,
for coming down from heaven
To experience life's trials,
just like me.

By Joanna Fuchs

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