



## 第25周 靈修默想

每日靈思：請信徒齊來歡然取水，  
請先翻開聖經，恭讀相關詩篇，禱告，默想經文，然後再回答問題。

### 6月21日（星期一）經文：詩篇17：1-15

- 1、第1節，大衛禱告反省，怎樣描述自己的祈禱？第2-3節，他的言語和行為如何？立志作什麼？第5節的結果如何？我如何堅持公義誠實，立志言語沒有過失？
- 2、第8-9節，大衛祈求什麼？第10-14節描述惡人的心、口、腳步、眼如何？他們以什麼為滿足？第15節，大衛以什麼為滿足？在以親近主為滿足時會有什麼攔阻？

### 6月22日（星期二）經文：詩篇18：1-19

- 1、第1節，大衛說了些什麼？第2節，怎樣形容神與他的關係？在愛神時，我會遇見什麼難處？神在哪些方面是我一生的保護？
- 2、第4-6節，大衛曾遭遇什麼危險、急難？他怎麼辦？第16-19節，耶和華怎樣拯救他？在急難中，我有什麼樣的心態？我堅定信心求告神嗎？

### 6月23日（星期三）經文：詩篇18：20-36

- 1、第20-22節，耶和華按什麼原則對待大衛？為何大衛生活公義、清潔？我如何靠主使自己的生活公義、聖潔嗎？（參提後二22）
- 2、第25-27節，耶和華怎樣對待不同的人？在我的生活中，我時常追求慈愛完全、清潔或常常尋求作行為乖僻的事？

### 6月24日（星期四）經文：詩篇18：37-50

- 1、在第37-40節，大衛怎樣對待他的仇敵？神怎樣幫助他呢？我有哪些「仇敵」？從大衛的身上，我能夠如何靠神除盡罪惡？（西3：5-9）
- 2、在第43節，大衛怎樣成為列國的元首？在第47-48節，耶和華怎樣幫助他呢？我願依靠神，勝過爭競和仇敵嗎？在依靠他時，我會有什麼試探？

### 6月25日（星期五）經文：詩篇19：1-6

- 1、第1-2節，諸天、穹蒼在說什麼？我用什麼形容詞來頌讚神創造的偉大？
- 2、第3-4節怎樣描寫大自然？第5-6節怎樣描寫太陽？我如何為大自然向神感恩？

### 6月26日（星期六）經文：經文：詩篇19：7-14

- 1、第7-9節怎樣形容耶和華的言語？第10節有什麼價值和寶貴？有什麼具體的方法使我更加愛慕神的話？
- 2、第11節，遵行神的話有什麼好處？第12節，人有什麼限制？第13-14節，大衛祈求什麼？我要如何遵行神的話？我祈求言語和心思蒙神悅納嗎？

## Week 25

### FORGIVE US ... AS WE FORGIVE Bible Reading: Psalm 32

In the family prayer given to us by our Lord, the request for daily bread is followed by the request for forgiveness.

What is forgiveness? The word, if used concerning a debt, means the debt has been cancelled. If it is used regarding an offence, it means the person has been pardoned. If used concerning sin, it means the sin has been wiped out. We all know the word very well. It reminds us of our parents saying, "I forgive you, but don't do it again."

We all need forgiveness. The New English Bible says, "Forgive us the wrong we have done." What wrong and what sin are we talking about here? This prayer belongs to the family of God, so it must be sin in the life of a child of God.

Do we realize how often we need to pray this prayer? We excuse our outbursts of temper, our selfishness and our pride. We think too little of envy or jealousy. We hide our wrong feelings toward a fellow Christian. We need the Holy Spirit to point these things out to us. We need to pray this prayer often, "Forgive us Father for the wrong and the sin in our lives." (1 John 1:7-9)

The second part of the phrase also is very plain: "As we also have forgiven our debtors". We are not forgiven because we have forgiven others. We are forgiven because of Christ. Having been forgiven ourselves, we could hardly withhold forgiveness for others.

Forgiving someone who has wronged us is not easy. It can cut very deeply, yet one of the conditions of complete fellowship with Christ is a forgiving spirit.

Is there someone you have never forgiven? You were hurt deeply. You have never forgotten it. How long ago was it? How big was it really? Did it hurt you or did it only hurt your pride?

Can you ask God's forgiveness for those wrong feelings today? Then because He will forgive you, will you forgive that other person? Will you do it for Christ's sake?

Let's say the phrase again,  
"Forgive us our debts as we have forgiven our debtors."

May that be our continuing prayer.



### Save Me

Save me from myself, Lord;  
Save me from my need  
To always run my life,  
Lord,  
To control my every deed.

Save me from my pride,  
Lord,  
My focus on just me;  
Help me learn to serve,  
Lord;  
Show me how to be.

Save me from the world,  
Lord,  
When tempting  
things entice;  
Remind me of eternity  
With You, in paradise.

I give my life to you, Lord  
My every need you fill;  
I'm resting in my faith,  
Lord;  
You saved me,  
and you always will.

*By Joanna Fuchs*

