



### 第 3 周 腓立比書靈修默想

#### 1 月 18 日 (星期一) 經文: 腓立比二 14~15

1. (14 節) 在一切事上有那兩個不可? 什麼情況, 我會埋怨? 什麼情況, 我容易與人爭論? 埋怨是對神不滿, 不滿神給的環境、所遭遇的事或人。爭論不能解決問題, 只是造成對立、衝突和不安。

2. (15 節) 如何形容當時的世代? 神的兒女當有什麼樣的見證? 彎曲是不正直, 不公平, 悖謬是歪曲真理, 顛倒是非, 不道德的言行。神的兒女應當無可指摘, 誠實無偽, 無有瑕疵, 好像明光照耀。我的生活還有可指摘之處, 需要改進? 我常祈求神, 使我愈來愈誠實無偽, 沒有瑕疵, 生活好像明光照耀?

#### 1 月 19 日 (星期二) 經文: 腓立比二 16~18

1. (16 節) 信徒生活應當表明什麼? 對保羅有什麼影響? 信徒不埋怨, 不爭論就是表明生命的道, 使保羅在基督面前, 可以交帳, 他沒有白作。我順從聖靈, 活出生命之道嗎?

2. 保羅以什麼供獻的祭物? 舊約獻上牛、羊為燔祭, 可蒙悅納(利一 3.4)。保羅將聖徒虔敬的信心, 當作祭物獻上, 蒙神悅納, 參來十一 6。在那件事上我還信心不夠, 要求主加添我信心, 使我遵守祂的話?

3. (17 節 b) 保羅願為聖徒的信心有什麼樣的付出? 他的心境如何? 保羅願為聖徒信心成長努力, 若是付出生命(澆奠在其上), 內心也喜樂。我的生活與人有益嗎? 我常享受助人的喜樂嗎?

#### 1 月 20 日 (星期三) 經文: 腓立比二 19~24

1. 保羅掛念什麼事? 他依靠誰? 他希望提摩太去作什麼? 保羅掛念腓立比的聖徒, 就依靠主耶穌, 希望提摩太能前去探望, 知道他們的情況。我平常掛念什麼事? 我禱告依靠主? 或靠自己? 我靠主, 盡上自己的本分嗎?

2. (22-24 節) 提摩太有什麼優點, 值得保羅信任? 提摩太與保羅同心, 興旺福音, 一同勞苦作工, 尊敬保羅好像兒子待父親一樣。我能與上司同心工作嗎? 在工作或學業上, 我勞苦付出嗎? 我尊敬上司、老師或父母嗎? 我值得信任嗎?

#### 1 月 21 日 (星期四) 經文: 腓立比二 25~30

1. (25 節) 保羅怎樣描寫以巴弗提? 他是弟兄, 與保羅有相同的天父; 一同作主的工; 一同當兵, 為福音打美好的仗; 是腓立比教會差遣的, 前往羅馬監獄, 探望並供給保羅生活的需要。我能與他人同心事奉, 同心傳福音嗎?

2. (29-30 節) 以巴弗提有什麼值得尊敬之處? 他忠心作基督的工作, 不顧性命, 幾乎至死, 補上不夠之處。我看見教會、團契或小組有不夠之處, 主動補上嗎?

#### 1 月 22 日 (星期五) 經文: 腓三 1.2

1. (1 節) 保羅對信徒有什麼期望? 如何喜樂? 喜樂 joy 與快樂 happy 有何不同? 保羅期望信徒都喜樂, 要靠主喜樂。快樂因環境而來, 例如: 成績好、升遷、吃大餐...等。喜樂因神的愛或真實的盼望而來, 不因環境而改變。保羅被關在監牢裡, 沒有快樂的條件, 但卻依靠主, 因主的愛、大能, 常常喜樂。

2. (2 節) 應當防備那些人? 犬類指假教師, 宣稱必須遵行舊約律法才能得救。作惡的指行為的邪惡; 妄自行割的, 指宣稱只有在身體上行割禮的人才能得救。我清楚信仰的內容, 防備異端和錯誤的思想嗎?



#### Week 3

#### HOW OFTEN DO YOU DREAM?

**Bible Reading: Daniel 2:1-6 and 14-18**

Did you dream last night? What was that about? What is a dream? A dictionary says "A dream is a vision or series of pictures or events presented to a sleeping person". Often those events are related to real experiences or needs in the dreamer's life. In our story today, this dream was a vision given by God to Nebuchadnezzar.

The morning after his dream, Nebuchadnezzar was in a bad mood. He had a strange sense of fear, but he couldn't even remember what he had dreamed about! He called in his advisors, his magicians, the scientists and others, but none of them could help. They admitted, "Only the gods could do what you are asking and they don't live here on earth."

In his frustration the king ordered all these advisors to be immediately executed. When the soldiers came looking for Daniel to include him in the death squad, Daniel's reaction was remarkable. Calmly, quietly and in great faith he said, "Kill me if you must, but why not give me a little time and let me see what my God can do?"

Did you notice what Daniel did next? He asked his three friends, "Please come and pray with me. I have an urgent need." (v.17) His third request was to God Himself (v.18), "Lord, show this man that you are God." He asked specifically that God might reveal both the dream and its meaning.

What do you do when trouble comes suddenly and unexpectedly? You should immediately "take it to the Lord in prayer". Then if it is at all possible, ask one or two others to pray with you regarding the problem. Do not talk to everyone about it. That will only confuse you. Next, give God time to answer your request. Do not act hurriedly unless the situation is extremely urgent. Even then keep sending quick and brief messages to your heavenly Father, asking for His guidance, His peace and His intervention. He will answer you. He will help you. You can trust him.

THEN MAKE SURE YOU TAKE TIME TO THANK HIM (v.20).